# **VEGETABLE SIDE DISHES**

Selection of delicious vegetarian side courses, when the fancy takes you. From a range of culinary dishes, seasoned with fresh coriander, touch of mild spices and olive oil dressing.

	Small	Large
<b>Vegetable Curry</b> with medium spices, crushed garlic and fresh herbs	£3.95	£6.50
<b>Bombay Aloo</b> cooked potato dressed with medium spices	£3.95	£6.50
<b>Aloo Gobi</b> potato and cauliflower tossed with spiced garlic	£3.95	£6.50
Saag Aloo fresh spinach and potato with spicy seasoning	£3.95	£6.50
Saag Bhaji lightly seasoned spinach in garlic and onion	£3.95	£6.50
Mushroom Bhaji stir fried with fresh herbs and spices	£3.95	£6.50
Matar Paneer indian cheese with peas in spiced gravy	£3.95	£6.50
Saag Paneer indian cheese with spinach and ground spices	£3.95	£6.50
Chana Masala chickpeas tossed with pickled ginger and tamarind	£3.95	£6.50
<b>Dhal Tarka</b> pureed lentils with spiced garlic and fresh herbs	£3.95	£6.50
Bindi Bhaji quick fried lady fingers tossed with spices and herbs	£3.95	£6.50

# **RICE AND SUNDRIES**

A selection of sweet and savoury rice, and side dishes to compliment every meal.

Boiled Rice	£2.25
Pilau Rice	£2.50
Egg Fried Rice	£3.25
Mushroom Pilau	£3.25
Coconut Rice	£3.25
Vegetable Pilau	£3.25
Onion Pilau	£3.25
Keema Pilau	£3.25
Garlic and Coriander Pilav	£3.25
Chips	£2.25
Cucumber/ Onion Raita	£1.50
Side salad	£1.95
Lime Pickle	£1.00

## **BREAD SELECTION**

A varied selection of breads to complement every meal.

Chapati	£0.95
Tandoori Roti	£1.50
Paratha	£1.25
Onion Paratha	£1.50
Naan	£2.25
Garlic Naan	£2.50
Keema Naan	£2.50
Peshwari Naan	£2.50
Chilli and Garlic Naan	£2.50
Cheese Naan	£2.95

Light bites / kids	
Chicken Salad	£7.95
Fish Grill Salad	£7.95
Garlic Chicken Grill Salad	£7.95
following dishes are served with chips	
Chicken Nuggets	(5pc £4.95) (8pc £7.95)
Chicken Strips	(5pc £4.95) (8pc £7.95)
Fish Fingers 5pc	£4.95
Omelette Chicken/plain	£7.95







cinnamon lounge

# **Food facts**

Although we aren't a vegetarian restaurant, our kitchen aims to keep non-meat products separate from meat products. We can't, however, guarantee this. If you have concerns please speak to the manager.

We take great care to remove bones and cartilage from our boneless chicken, meat and fish but there is a slim chance of finding one.

Please be aware that nuts are ingredients in some of our dishes, so there may be trace nuts in all our dishes.

Prices include VAT at 20%, service charge is not included.

#### **ENTREÉS**

Poppadum with Chutney	£0.50 each	Pickle Tray £1.00
<b>Mixed Starter (for 1 person)</b> Consists of seekh kebab, onion bhaji, chicken and l	amb tikka.	£5.50
<b>Mixed Platter (for 2 people)</b> Consists of seekh kebab, chicken tikka, lamb tikka,	king prawn tikka c	<b>£9.95</b> and onion bhajis
<b>Seekh Kebab</b> Freshly spiced mincemeat barbecued in the tando	or.	£3.50
Shami Kebab Spicy mincemeat patties		£3.50
<b>Tandoori Lamb Chops</b> Tender pieces of lamb marinated in spices and coo	oked in the tandoc	<b>£4.95</b> or.
Samosa (meat or veg)		£3.50
Chicken or Lamb Tikka		£3.95
Chicken Pakora		£3.95
Chicken Chaat on Puri Diced pieces of chicken pan-fried with onions, tom sauce with a special tangy 'chaat' spice mixture an		<b>£3.95</b> ber in thick dry
<b>Boti Kebab</b> Skewered barbecued pieces of marinated lamb ge flavour of grilled onions, tomatoes and capsicums.		<b>£4.50</b> added sweet
King Prawn Tikka		£7.50
<b>Garlic King Prawn</b> King prawns lightly fried, garnished with onion and	d capsicums.	£5.95
King Prawn Puri		£5.95
King Prawn Butterfly King prawns coated in a mint and spice batter and	gently deep fried	£5.95
Prawn Cocktail		£4.50
<b>Prawn Puri</b> Fresh water shrimps fried with onions and tomato	es.	£3.95
<b>Machili Sukka</b> Fish of the day laced with sweet & sour sauce and	d deep fried in a cr	<b>£4.50</b> ispy batter.
Pan Fried Salmon Lightly spiced with onions and peppers		£5.95
Onion Bhaji		£3.50
Aloo Chaat Puri Diced potatoes cooked with roasted cumin seeds	and a blend of our	<b>£3.95</b> divine chaat massala.

## **HOT OR NOT?**

Shows the usual spice rating for each dish, but most of these dishes can be tailored to your requirements, Please ask the waiter when ordering.



Hot

**Very hot** 

**Please note:** Some of our products contain shellfish, flour, egg, nuts, rape seed oil, mustard seeds and milk. Fish may contain bones. Please seek advice.

### **CHEFS SPECIALITIES**

# Tandoori Dishes

The clay oven or 'tandoor' is a traditional Indian barbeque used for cooking various meats and fish. The main ingredient is marinated overnight in a sauce of special mixed spices, fresh mint, yoghurt and mustard oil to derive the unique flavour of Tandoori dishes. These dishes are all served with a fresh mixed salad and curry sauce.

Tandoori Chicken	£8.95	Chicken or Lamb Tikka	£7.95
Tandoori King Prawns	£13.95	Chicken Shashlick	£8.95
Tandoori Lamb Chops	£8.95	Lamb Shashlick Cooked with grilled onions, peppers	<b>£8.95</b> and
<b>Tandoori Mixed Grill</b> Comprising of Chicken Tikka, Lamb Tandoori Chicken, Seekh Kebab ar			
Tandoori Lamb Chops.		Fish Tikka	£8.95

#### Biruani 🖊

This is a fried rice dish served with a separate vegetable curry sauce or a sauce of your choice. The biryani is ideal for the inexperienced diner but with a strong sauce it appeals to the hardened addict.

Chicken or Lamb Tikka Lamb, Chicken or Prawn		<b>Special Mixed</b> With Chicken Tikka, Lamb Tikka ar mushrooms.	<b>£10.95</b> nd
King Prawn	£13.95	Vegetable or Mushroom	£7.95

#### Ialfrezi

A fairly hot dish prepared with mustard oil, fresh ground spices, ginger, garlic, tomatoes and fresh green chillies.

#### Karahi 🦊

Aromatic spices, capsicums, onions, tomatoes and ginger are used in a traditional cooking method to create a dish of delightful character. Garnished with coriander and served in an iron pot or 'Karahi'.

#### Saagwala 🌶

A spicy dish prepared with mustard oil, fresh spices, ginger, garlic, tomatoes and coriander in a leaf spinach base.

#### Balti 🏓

Originating from Northern India this dish is prepared in a unique wok like pan used to cook the dish slowly resulting in a succulent spicy dish. Using a myriad of herbs and spices this dish has a distinctive saucy consistency.

Chicken or Lamb Tikka Lamb, Chicken or Prawn	£8.95 £7.95	<b>Special Mixed</b> With Chicken Tikka, Lamb Tikka and mushrooms.	£9.95
King Prawn		Vegetable or Mushroom	£6.95

#### Masala (sweet 🌶 medium 🧦 )

Widely acknowledged as the nations favourite curry dish, the main ingredient is marinated overnight, barbequed in the tandoor before cooking in a sauce of yoghurt, cream, fresh mint and a special spice mixture creating the rich tangy flavour.

#### Chilli Masala 🗾

With added chillies, garlic and coriander lending a more fiery taste to its richness.

Chicken Tikka	£8.95	King Prawn	£12.95
Lamb Tikka		Special Mixed	£9.95
		With Chicken Tikka, Lamb Tikka and	
		mushrooms	

# **TRADITIONAL CURRYS**

Vegetable	£6.50	King Prawn	£12.50
Lamb		Tikka	£8.50
Chicken		Prawn	£7.50
Dhansak 🥖	Patia 🥍	Vindaloo ガ 🎢	Rogan Josh 🥠
Madras 👭	Korma 🥖	Bhuna 🦊	Dopiaza 🦊

## **CINNAMON LOUNGE SPECIALITIES**

Cinnamon Special Balti Dela Lamb or chicken tikka marinated in a delicious saffron mango sauce.  Cooked with medium balti spices.	£9.95
Shashlick Bhuna Thawa (medium) Pieces of chicken or lamb cooked with spices in a dry sauce with grilled onion, to and Peppers	<b>£10.95</b> omatoes
Steak Masala DD Sirloin steak in masala spices topped with sautèed mushrooms and onions and served with chips or pilau rice	£15.95
Rajastani Lalmas Pan fried salmon fillet cooked in a lightly spiced curry sauce with tomatoes topped with stir fried peppers	£11.95
Sea Bass / With spicy potatoes and Asian green beans on a bed of rocket	£11.95
Benghal Shorshe Mas לעל Chunky cod fish in a mustard and kalonji sauce	£11.95
Maachli Dilkush	£10.95
Keema Chilli Rezala Spicy minced lamb cooked with tomatoes and chilli beans topped with melted ch	<b>£9.95</b> neese
Gorkali - Chicken or Lamb	£9.95
Cinnamon Amchor / Tender pieces of chicken or lamb cooked in a creamy mango sauce.	£8.95
Rkbari - Chicken or Lamb PPPPPPPPPPPPPPPPPPPPPPPPPPPPPPPPPPPP	£9.95
Lazeez Mattar Paneer - Chicken or Lamb (Cooked in the Karahi style, the dish is a preparation of garden peas and tender cubes of Indian cheese in a special aromatic sauce with onions and tomatoes.	£9.95
<b>Bahar-E-Murgh</b> Delicate pieces of barbecued chicken fillets in a medium spicy sauce with onions tomatoes and coriander and topped with richly flavoured mincemeat and mushr	
<b>South Indian Garlic Achari - Chicken or Lamb</b> Freshly prepared in a dry thick tangy garlic sauce with lime, fried onions, spices and coriander.	£9.95
Tandoori Butter Chicken / Marinated and barbecued in the tandoor and finally cooked with fresh mint, yog cream, spices and coriander in a rich butter sauce.	<b>£9.95</b> hurt,
East Indian Jalani - Chicken or Lamb A Shape Sha	
<b>Kazana Dall - Chicken or Lamb</b> Using whole lentils flavoured with a special blend of five spices the dish is of me strength and provides satisfaction through a combination of texture and depth of the spices are strength.	
Shahi Kofta - Chicken or Lamb	£10.95



